

Sofia

SAINTE-MAXIME
WESTERN

Count: 64 Wall: 4 Level: Intermediate

Choreographer: Francien Sittrop (May 2016)

Music: Alvaro Soler - Sofia

Intro: Start after 16 Counts on Vocals

[1 - 8] Step fwd, $\frac{1}{2}$ L, Kick Ball Step, Syncopated Lockstep, Kick Ball Cross

1 - 2 Step R fwd, make $\frac{1}{2}$ Turn L on ball of R (weight ends on R) and touch L next to R (06.00)

3 & 4 Kick L fwd, Step L down, Step R fwd

5 - 6 & Step L diag. L fwd, Lock R behind L, Step L Diag L fwd

7 & 8 Kick R fwd, Step R down, Step L across R

[9 - 16] Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, $\frac{1}{4}$ R, Step fwd

1 - 2 Rock R to R side, Recover on L

3 & 4 Step R behind L, Step L to L side, Step R across L

5 - 6 Rock L to L side, Recover on R

7 & 8 Step L behind R, $\frac{1}{4}$ Turn R step R fwd, Step L fwd (09.00)

[17-24] Rock fwd, Recover, Triple Full Turn R, Rock Step, Recover, Shuffle $\frac{1}{2}$ Turn L

1 - 2 Rock R fwd, Recover on L

3 & 4 Triple full turn R with R, L R

5 - 6 Rock L fwd, Recover on R

7 & 8 $\frac{1}{4}$ Turn L step L to L side, Step R next to L, $\frac{1}{4}$ Turn L step L fwd (03.00)

[25-32] Jazz Box, Toe Touches fwd and Back, Kick Ball Cross

1 - 4 Step R across L, Step L back, Step R to R side, Step L across R

5 - 6 Touch R toe fwd, Touch R toe back

7 & 8 Kick R fwd, Step R down, Step L across R

[33-40] Side, Clap Clap, Side, Clap, Clap, Side Rock, Recover, Crossing Shuffle

1 & 2 Step R to R side, Clap hands twice

&3&4 Step L next to R, Step R to R side, Clap hands twice

&5-6 Step L next to R, Rock R to R side, Recover on L

7 & 8 Step R across L, Step L to L side, Step R across L

[41-48] Paddle $\frac{1}{2}$ Turn R, Cross Rock, Recover, Cross Rock, Recover, Prissy Walks fwd L, R

1 - 2 Touch L fwd and paddle $\frac{1}{2}$ Turn R, Touch L to L side (09.00)

3-4 & Rock L across R, Recover on R, Step L next to R

5-6 & Rock R across L, Recover on L, Step R next to L

7 - 8 Step L across R, Step R across L

[49-56] Monterey $\frac{1}{2}$ L, Shuffle fwd R, L

1 - 4 Touch L to L side and make $\frac{1}{2}$ Turn L, Step L next to R, Touch R to R side, Touch R Next to L (03.00)

5 & 6 Step R fwd, Step L next to R, Step R fwd

7 & 8 Step L fwd, Step R next to L, Step L fwd

[57-64] Jump fwd, Touch and Clap, Jump back, Touch and Clap, Skates back, Rock back, Recover

&1-2 Jump Diag R fwd with R(&), Touch L next to R(1), Clap hands (2)

&3-4 Jump Diag L back with L (&), Touch R next to L (3), Clap Hands (4)

5 - 6 Skate back R, L

7 - 8 Rock R back, Recover on L

Start again

Tags:-

Tag 1 after wall 1 & 3 and start again with count 1

Tag 2 after wall 2 & 4 and start again with count 1

Tag 1: Rocking Chair R

1 - 4 Rock R fwd, Recover on L, Rock R back, Recover on L

Tag 2 (16 Counts) : Rocking chair, Jazz box $\frac{1}{2}$ Turn R

1 - 4 Rock R fwd, Recover on L, Rock R back, Recover on L

5 - 8 Step R across L, $\frac{1}{4}$ Turn R step L back, $\frac{1}{4}$ Turn L step R fwd, Step L fwd

9 - 12 Rock R fwd, Recover on L, Rock R back, Recover on L

13-16 Step R across L, $\frac{1}{4}$ Turn R step L back, $\frac{1}{4}$ Turn L step R fwd, Step L fwd

Recommencez... souriez

Sainte-Maxime Western E-mail saintemaximewestern@gmail.com - Site : www.sainte-maxime-western.fr