

# My Own Hero

**COPPER KNOB**  
BY CHRISTINA YANG

**Count:** 16    **Wall:** 4    **Level:** Improver - Rolling 8 Count

**Choreographer:** Christina Yang (KOR) - July 2019

**Music:** My Own Hero by Andy Grammer



**\*\* I made this work was inspired by dance of Min Line dance who one of the most famous line dance performance group in Korea \*\***

**Start the dance on lyrics "Life"**

**SECTION 1: 3 STEPS RUNNING TO FORWARD, 3 STEPS RUNNING TO BACKWARD, LONG STEP TO BACK, COASTER, FORWARD, 1/2 TURN TO L WITH CHASE TURN, 1/4 TURN TO R WITH SIDE, 1/2 TURN TO R WITH SWEEP, SAILOR STEP**

- 1&a            LF forward, RF forward, LF forward
- 2&a            RF backward, LF backward, RF backward
- 3              LF long step to backward
- 4&a            RF backward, LF closed RF, RF forward
- 5              LF forward
- 6&a            RF forward rock, 1/2 turn to L with LF recover, RF forward
- 7              1/4 turn to R with LF side and 1/2 turn to R with RF sweep from front to back
- 8&a            RF cross behind LF, LF closed RF, RF forward

**SECTION 2: CROSS, 1/8 TURN TO L WITH HITCH, CROSS, 1/8 TURN TO R WITH HITCH, FORWARD ROCK, RECOVER, 1/2 TURN TO L WITH FORWARD, FORWARD, FORWARD AND 1/2 TURN TO R, FORWARD, 1/2 TURN TO R WITH PIVOT, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE**

- 1&a            LF cross over RF, 1/8 turn to L while RF hitch(&a)
- 2&a            RF cross over LF, 1/8 turn to R while LF hitch(&a)
- 3              LF forward rock
- 4&a            RF recover, 1/2 turn to L with LF forward, RF forward
- 5              LF forward and 1/2 turn to R(weight on LF)
- 6&a            RF forward, LF forward, weight change to RF while 1/2 turn to R
- 7&a            LF cross rock, RF recover, LF side
- 8&a            RF cross rock, LF recover, RF side

**NO TAG, NO RESTART**

**chrisjj0681@yahoo.com**

**<https://www.facebook.com/christina.yang.148553>**

**<https://www.youtube.com/c/ChristinaYangLinedance>**